## FAT SMART WITH THE LUNCH BUNG!



**WEEKS SERVED** 

MONDAY

**TUESDAY** 

WEDNESDAY

**THURSDAY** 

**FRIDAY** 

19 February 18 March 15 April 13 May	Golden Crumbed Fish Fingers  Sweetcorn & Peas Chipped / Baked Potato / Coleslaw	Homemade Cottage Pie  Spring Greens / Baton Carrots  Oven Baked Potato Wedges /  Baked Potato	Beef Meatballs with Tomato & Basil Sauce Green Beans / Baton Carrots Steamed Rice / Pasta Spirals	Roast Turkey, Stuffing & Gravy  Fresh Vegetables in Season  Mashed / Oven Roast Potato	School "Chippy Day" Chicken Goujons Beans / Mushy Peas Chipped / Baby New Potatoes
13 May 10 June 2 September 30 September	Ice-Cream, Pears & Chocolate Sauce	Summer Fruit Cheesecake	Sticky Date Pudding & Custard	Golden Krispie Square	Frozen Fruit Yoghurt
Week 2 26 February 25 March 22 April 20 May	Baked Pork Sausages & Gravy  Baked Beans / Garden Peas Chipped / Baked Potato	BBQ Pulled Pork Pizza Sweetcorn / Baton Carrots Oven Roasted Garlic & Paprika Wedges	Breaded Fish & Lemon Mayo Garden Peas / Diced Carrots Mashed Potaoes	Roast Chicken, Stuffing & Gravy Fresh Vegetables in Season Mashed / Oven Roast Potato	Beef Burger in Bap with Onions Corn on the Cob / Pasta Salad Chipped Potato / Steamed Rice
17 June 9 September	Ice-Cream & Two Fruits	Jaffa Cake Pots	Fruit Sponge & Custard	Fresh Fruit Salad & Yoghurt	Lemon Shortbread & Melon Wedge
Wekz 4 March 1 April 29 April 27 May 24 June	Beef Bolognaise Sweetcorn / Broccoli Pasta Spirals / Mashed Potato	Breaded Fish & Lemon Mayo  Mushy or Garden Peas / Baked  Beans  Chipped Potato / Baked Potato	Chicken Curry & Naan Bread  Diced Carrots & Green Beans Noodles / Rice  Or Baguette	Roast Gammon, Stuffing & Gravy  Fresh Vegetables in Season  Mashed / Oven Roast Potato	Hot Dog with Tomato Ketchup  Spaghetti Hoops / Corn on the Cob Chipped / Mashed Potatoes
16 September	Chocolate & Orange Cookie	Raspberry Jelly & Two Fruits	Fruit Sponge & Custard	Pineapple Delight	Ice-Cream & Mandarin Oranges
Week 4  11 March 8 April 6 May 3 June 26 August	Golden Crumbed Fish Fingers  Baked Beans & Garden Peas Chipped / Baked Potato	Beef Ragu Italia Sweetcorn / Diced Carrots / Coleslaw Oven Roasted Potato / Wedges / Rice / Salad	Chicken Curry & Naan Bread  Garden Peas / Baton Carrots  Boiled Rice  Saguette		Chicken Goujons & Sweet Chilli Dip Spaghetti Hoops / Corn on the Cob Chipped / Baby New Potatoes
23 September	Homemade Flakemeal Biscuit	Mandarin Orange Sponge & Custard	Rice Pudding & Fruit	Homemade Brownie & Orange Wedges	Fruit Muffin & Apple / Orange Juice